

District 12 Newsletter

August 2012

Step Eight

“Made a list of all persons we had harmed,
and became willing to make amends to them all.”



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Don't Drink

One Day At A Time

Ask For Help

Go To Meetings

And CHANGE

“Eight Step Essay”

By Martin C., NIA 20, DCM 12

It's all about starting over again, only this time I'm on the Eighth Step.

So I'm just writing down a list of people I have harmed, and working on WILLINGNESS to make amends to them all.

Sometimes I confuse the Sixth and the Eighth Steps because I try to be ready as well as willing.

Another approach I like to take is across the board with Eighth Step, Eighth Tradition and Eighth Concept.

At this Number there is an irony. The Sixth Step gets me ready to give up my defects. The Eighth Step encourages me to be willing to make amends after I have written a list which came principally from my Fourth Step. The Eighth Tradition reminds me to not take myself too seriously, and finally the Eighth Concept admonishes me to take the job seriously.

Tradition Eight—Page 166 12 x 12

“Alcoholics Anonymous should remain forever nonprofessional,
but our service centers may employ special workers.”

Alcoholics Anonymous will never have a professional class. We have gained some understanding of the ancient words “Freely ye have received, freely give.” We have discovered that at the point of professionalism, money and spirituality do not mix.

Step Eight—Page 77 12 x 12

Steps Eight and Nine are concerned with personal relations. First, we take a look backward and try to discover where we have been at fault; next we make a vigorous attempt to repair the damage we have done; and third, having thus cleaned away the debris of the past, we consider how, with our newfound knowledge of ourselves, we may develop the best possible relations with every human being we know.

The Message

I'm a message in a bottle
Floating shore to shore.
Each island more intriguing
Than the one I left before.
I come across some places
Where the water is too rough.
But in me I'm glass,
Remember? I'm solid and I'm tough.
Then something crashes into me.
I shatter on the floor
Broken glass lies everywhere
But I am seen no more.

Cheri G., Zion, IL

New Beach Meeting

Memorial Day til Labor Day
Sundays at 9 am
Illinois Beach State Park
(Sheridan and Wadsworth)
Enter park by Resort

Support and Serenity

New Meeting

ZB Alano Club
228 Sheridan Rd., Winthrop Harbor
Sundays at 4:30

Please come and give your support

Get Ready For
2012 NIA Big Book Conference

October 20th, 2012
@ University of St. Mary of the Lake
1000 E. Maple Ave, Mundelein, IL

IT'S PICNIC TIME OF THE YEAR

Zion Benton Alano Club

Saturday, July 28th, 2012
228 Sheridan Rd., Winthrop Harbor, IL
Time: 1pm til ????
Speaker: Berto G., Zion, IL
Burgers, Brats, And Berto...
Suggested donation \$5, 12 and under free
Please bring dish to pass
Questions: 847-746-9842

SEE YOU THERE!!!!!!

"4TH ANNUAL" UNITY PICNIC

Saturday, July 28th, 2012
Smolenski Park, 438 Stuart Rd., Racine, WI
Time: 11 am til ???
AA, NA & Al-Anon Fellowship Speakers begin at 3
Roast Pig, Marinated Chicken, Brats Burgers, Roasted
Corn, Hotdogs & Sides
Please bring ice and/or dish to pass
Questions: Chris 262-818-9600
Mike 262-515-2144
Kate 262-995-4928

Waukegan Alano Club Annual Picnic

Sunday, August 5, 2012
Hinkston Park (Pavillion Shelter)
Grand Ave. and Baldwin, Waukegan
Time: 12 Noon
Raffle: \$300 1st prize
\$200 2nd prize
\$100 3rd prize
Come out and have a good time with us!

Please bring a dish to pass!

Free Food, Games, and Prizes

EVENTS & ANNOUNCEMENTS

LIFE'S A BEACH

When: Saturday, August 11, 2012

Time: 5:30 pm social, 7:00 speaker

Where: North Point Marina, Winthrop Harbor

Speaker: Patty P., Kenosha, WI

Still Need Help

Lake County Work Release Program

2nd Thursday and 3rd Tuesday
at 7:15 pm.

It's really great service work!

WE ARE IN NEED OF WOMEN

Please call Chris for more information.

Chris M. 224-441-0454

Big Book Meeting

Monday 6:00 pm

Meadow Ridge Church

Rt 173 and Green Bay Rd.

Zion

Please Bring Your Big Book

Jail Volunteers Needed

For more Info contact:

Kathy

847-212-3615

Bunch O Nuts

Tues. 7 pm, St Marks @ Delany and Yorkhouse

Looking for a Sponsor/Sponsee?

Join us at the

ATP Sponsorship Panel

1st and 3rd Saturday of each month 12:45pm

Female sponsors needed!

Addictions Treatment Program

3002 Grand Avenue

Waukegan, IL 60085

District 12 Meeting

Third Sunday of every month at 4:00PM at Vista Medical Center West, 2615 Washington Street, Waukegan, Illinois 60085. All alcoholics are welcome and group GSRs are strongly encouraged to attend.

GET READY!!!!

23rd Annual McHenry's Soberfest

November 16-18, 2012

Grand Geneva Resort

Lake Geneva, WI

AA Conference, Banquet, Dance, Alcahons,
Panels, Step Workshops, Literature, Archives,
Meditation Room

Register online: www.soberfest.org

VOLUNTEERS NEEDED

12 STEP WORK

St. Terese Psych Unit Meeting

Sunday 10 am Tues 7 pm

Sponsor Panel

1st and 3rd Saturdays 12:45 til 2 pm

Drug Court

1:30 pm Fridays Court 202

9:00 am Fridays Court 307

Contact: Frank M. 847-336-2775

**COMING SOON YOUNG FOLKS WILL
BE NEEDED TO TALK TO YOUNG
PEOPLE!!!!**

Step Study

Wednesdays @ 7 pm

St. Mark's Church

Yorkhouse & Delany Rd., Wkgn.

New Time & Place!

The District 12 Open Speaker Breakfast Vic-
tory Hospital

(also known as Vista Medical Center East)

Cost: \$7.00

Start time is 8:30 AM

1st Sunday of every month

Decide to forgive

Decide to forgive
For resentment is negative
Resentment is poisonous
Resentment diminishes
and devours the self.
Be the first to forgive
To smile and take the first step
And you will see happiness bloom
On the face of your human
brother or sister
Be always the first
Do not wait for others to forgive
For by forgiving
You become the master of fate
The fashioner of life
A doer of miracles
To forgive is the highest
most beautiful form of love
In return you will receive
untold peace and happiness



-Robert Muller

The District 12 Newsletter needs your help!

All alcoholics are welcome to contribute. We are happy to publish your recovery-related stories, poems, artwork, etc.
Send submissions to lakecountydistrict12aa@gmail.com

A.A. Contacts

General Service Office: <http://www.aa.org>
Northern Illinois Area 20: <http://www.aa-nia.org>
District 12 Website: <http://www.aadistrict12.com>
District 12 Answering Service: 847-623-9660

District 12 Officers (Confidential – this information is for A.A. Use only)

If you are interested in one of the positions listed as OPEN, please contact an officer.

Position	Chair	Phone	Email	Alternate	Phone	Email
DCM	Martin C.	773-870-4010	claussenmartin@aol.com	OPEN		
Secretary	Terry V.		enchantedattic@hotmail.com	OPEN		
Treasurer	Sue D.	847-502-1007	susie12956@aol.com	Ron K.	847-623-0953	crkytasaari@att.net
Answering Service	OPEN			OPEN		
CPC / Treatment	Frank M.	847-336-2775		Francis K.	847-744-0793	
Corrections	Pete O.	847-662-8737	Peter.choa73@yahoo.com	Kathy H.	847-731-2339	kathak@aol.com
Grapevine	James T.	847-722-5608	JamesT@yahoo.com	OPEN		
Public Information	OPEN			OPEN		
Literature	John M.			OPEN		
Newsletter	Kim W.	847-815-3316	lakecountydistrict12aa@gmail.com	Nick P.	847-872-6727	nicholas_prins@sbcglobal.net
Directory	Ted T.	224-627-7638		OPEN		
Archive	Marlene	224-545-1495	grubbsmarlene@gmail.com	OPEN		
Special Events	Karen F.	847-609-7354	k.finkel@comcast.net	OPEN		
District Breakfast	Jimmy F.	847-609-7354		Jimmy P.	224-538-1689	jimipinkstaff@yahoo.com
Webmaster	Beth B.	224.522-1676	pollockburke@gmail.com	Tom B.	847-363-4363	tomhat1@juno.com