

# District 12 Newsletter

August 2016

## *Step Eight*

*“Made a list of all persons we had harmed, and became willing to make amends to them all.”*



## Step Eight: Persons We Had Harmed

In mental preparation of my Eighth Step list, I discovered that some names came to mind naturally. In most instances, we want to change for the better where our children and family are concerned.

However, I found there were other people I did not want to make amends to, people I held some resentments toward--so I impulsively concluded they didn't deserve any amends. I have to keep in mind that had I behaved in a more reasonable manner, they might not have responded as they did. If the circumstances had been reversed, I might have taken the same action they chose. I have to allow others to make mistakes and be human. Harboring resentments because of something others did is, in effect, imposing my values upon them. By imposing my standards upon them, I am trying to assume God's role. I must realize I am not responsible for the actions of others, whether I approve of them or not. If I take on that task, I am passing judgment on them for reacting in a way that was unacceptable to me. I am taking their inventory.

In this Step, it states that we "became willing to make amends." This implies that there is going to be some conscious effort on my part to make all the needed amends. Those that come easy, to my old way of reasoning, would be an excellent stopping point. Yet the Step says we became willing to make amends to all those we had harmed. In going to these other people, I don't need to crawl or go on and on about how sorry I am, because this would make me appear worthless. I don't believe I need apologize for being human; rather, I simply need to acknowledge that I was at fault and humbly ask them to pardon me. I do not need to make amends on my hands and knees; I need to walk tall, without false pride. When I go in humility and sincerely ask people to forgive me, this will remove the burden from my shoulders. They, too, may have been at fault, but I am neither their God nor their conscience. I am responsible only for myself.

For me, this Step offers two features: I am being responsible, by owning up to my wrongs and making amends for them; at the same time, I accept others as they are, regardless of what they did, or of what they may do when I go to them to make amends. It's a Step with a double feature. When doing it, we make a double play. After finishing it, we receive double indemnity. Our reward is two for the price of one.

- B.D. Reynoldsburg, Ohio

From Grapevine September 1979

State AA Conference  
at Pheasant Run Resort



Our real purpose...

**43rd Annual ILLINOIS STATE CONFERENCE  
and  
EAST CENTRAL REGIONAL CONFERENCE  
of Alcoholics Anonymous**

**August 12-14, 2016**

**Pheasant Run Resort**

**4051 East Main Street, St. Charles, Illinois 60174**

**Register online at [www.aailcon.org](http://www.aailcon.org)**

**Room Reservations at <http://bit.ly/ilcon2016>**

**Co-hosted by Northern Illinois Area 20, District 10, District 11, and District 28.**

# **EVENTS & ANNOUNCEMENTS**

## **CALENDAR IN A NUT SHELL!**

<b>Date</b>	<b>Event</b>
<b>Saturday Aug. 6th</b>	Dist. 12 Hosts the Summer Committee Meeting at the Lord of Life Church, La Fox Registration 8:00 a.m., Meeting 9:00 a.m., Lunch will be available All GSR's should attend; All A.A. Members are welcome
<b>Weekend August 12th -14th</b>	43 <sup>rd</sup> Annual Illinois State Conference & East Central Regional Forum Pheasant Run Resort, 4051 East Main Street, St. Charles, Illinois 60174 Register online at <a href="http://www.aailcon.org">www.aailcon.org</a> , Room Reservations at <a href="http://bit.ly/ilcon2016">http://bit.ly/ilcon2016</a>
<b>Saturday Sep. 17th</b>	District 62 Hosts the Fall Assembly at the Lord of Life Church in La Fox, IL Registration 8:00 a.m., Meeting 9:00 a.m., Lunch will be available All GSR's should attend; All A.A. Members are welcome
<b>Saturday Oct. 15th</b>	Dist. 23 Hosts the Fall Committee Meeting at the Lord of Life Church, La Fox Registration 8:00 a.m., Meeting 9:00 a.m., Lunch will be available All GSR's should attend; All A.A. Members are welcome
<b>Saturday Oct. 29th</b>	23rd Annual NIA Big Book Conference, "A Design for Living" Host: District 62 Wheaton Bible Church, 27W500 North Avenue, West Chicago, IL 60185 Speakers: Bob B. from St. Paul, MN and Carleen L. from Helena, MT Event runs from 9:00 am to 4:00 pm; Registration at 8:00 am

## **District 12**

### **Business/GSR Meeting.**

**WHERE: Vista West Medical Center  
2615 Washington St  
Waukegan, IL 60085**

**WHEN: Every 3rd Sunday of the Month  
3:30 pm GSR Orientation/Traditions Meeting  
4:00 pm Business/GSR Meeting**

**All A.A. Members are invited to attend.**

**Learn about what is happening in our district and the many types of services that we offer.**

# How It Works

A Big Book Study

Mondays 7:30pm @ the Waukegan Alano

Warning: This is only for those serious about recovery and learning how to *really* enjoy life one day at a time!

## VOLUNTEERS NEEDED 12 STEP WORK

**Sponsor Panel:** ATP 1 st & 3rd Saturday 12:45-2pm

**Back to Basics:** ATP 2nd & 4th Saturday 12:45-2pm

**Drug Court:** 1:30pm Wednesday Court 204

**Mental Health Court:** 9:00am Monday Court 220

**Veterans Court:** 9:00am Friday Court 201

**SAP:** SAP Bldg. 1:00pm Thursday

**Detox:** ATP 7:30pm Wednesday, 2:00pm & 7:00pm Sunday

**For Info Contact:** Frank M. @ 224-730-3045

### VOLUNTEERS WE NEED A COMMITMENT!!!

#### Lake County Work Release

Tuesday and/or Thursday

Once or twice a month 7:15 pm

**Both men and women needed**

**For more info contact: Les 847-336-3275**

**Email copy of forms to: paulperini@att.net**

### **AA SPEAKER TAPE MEETING**

**EVERY THURSDAY 6pm**

**Waukegan Alano Club, 2419 Washington St**

**Listen to Joe & Charlie tapes  
& eat desserts!**

**Contact Karen F. 847-609-7354**

### A.A. Contacts

General Service Office:

<http://www.aa.org>

Northern Illinois Area 20:

<http://www.aa-nia.org>

District 12 Website:

<http://www.dist12.aa-nia.org>

District 12 Answering Service:

847-623-9660

Northern Illinois Area 20 - District 12: P.O. Box 8882 - Waukegan, IL 60079-8882

**Newsletter Submissions should be sent to [Dist12.Newsletter@gmail.com](mailto:Dist12.Newsletter@gmail.com)**

**District 12 Officers (Confidential – this information is for A.A. Use only)**

If you are interested in one of the positions listed as OPEN, please contact an officer.

Position	Chair	Phone	Email	Alternate Phone	Email
DCM	Ken C..	847-693-0970	kenc693@yahoo.com	Paul P.	847-849-3928 paulperini@att.net
Secretary	Kris M.	224-627-9768	kris.miller30@yahoo.com	<b>OPEN</b>	
Treasurer	Dave H.	224-627-5153	dhall711@att.net	Ron K.	847-623-0953 ronkdist12@att.net
Answering Service	Steve N	847-623-5076	stephenmordstrom@gmail.com	Byron W.	847-744-2325
Archive	Tom B.	847-363-4363	tomhat609@gmail.com	Roy K.	847-293-4616
Bridging the Gap	Ray L.	847-917-6442	r.leeper@sbcglobal.net	<b>OPEN</b>	
Corrections	Frank M.	224-730-3045	aboutme615@gmail.com	Les M.	847-336-3275
CPC / Treatment	Bill W.	224-456-9455	whwoolridge@msn.com	Dick M.	847-404-3713. dick71308@ameritech.net
Directory	Karen F.	847-609-7354	k.finkel@comcast.net	<b>OPEN</b>	
Grapevine	Jackie S	224-247-8963	spencerjackie61@yahoo.com	Pete O.	224-381-9992 peter.ochoa@73.com
Literature	John M..	TBA	Contact thru District 12 Website	<b>OPEN</b>	
Newsletter	Mike H.	847-848-4855	dist12.newsletter@gmail.com	<b>OPEN</b>	
Public Information	Francis K.	847-505-2555		<b>OPEN</b>	
Special Events	Terry V.	847-650-2251	enchantedattic@hotmail.com	<b>OPEN</b>	
Webmaster	Rob S.	847-322-0264	r.a.smith3530@gmail.com	<b>OPEN</b>	