

24/7 Hotline:
920-474-6262
Support your
District:

Please mail checks to:
NIA District 12

PO Box 8882

Waukegan, IL 60079

Checks payable to:
 NIA District 12

or donate online
 using PayPal at
www.aadistrict12.com

District Meeting:

Third Wednesday of the
month

GSR Meeting

6-6:30pm

Business Meeting 6:30-
 7:30pm.

New location:

St. James Church

1380 N Waukegan Rd.

Lake Forest, IL 60045

ALL are welcome.

District chairs and
 District 12 GSR's

encouraged to attend.

Scan QR for
 District 12 Website



Step 4: Made a searching and fearless moral inventory of ourselves.

Tradition 4: Each group should be autonomous except in matters affecting other groups or A.A. as a whole.

Concept 4: At all responsible levels, we ought to maintain a traditional "Right of Participation," allowing a voting representation in reasonable proportion to the responsibility that each must discharge.

4th Step Resentment Prayer

"God, please help me to be free of anger and to see that the world and its people have dominated me. Show me that the wrongdoing of others, fancied or real, has the power to actually kill me. Help me to master my resentments by understanding that the people who wrong me were perhaps spiritually sick. Please help me show those I resent the same Tolerance, Pity and Patience that I would cheerfully grant a sick friend. Help me to see that this is a sick man. Father, please show me how I can be helpful to him and save me from being angry. Lord, help me to avoid retaliation or argument. I know I can't be helpful to all people, but at least show me how to take a kindly and tolerant view of each and everyone. Thy will be done."

Help Wanted! Equal Opportunity Employer! No Experience necessary!

Join the treatment facilities committee for an opportunity to share your experience, strength, and hope. Here are some of the benefits of this committee:

- Bring the message of hope for recovery to alcoholics in a variety of treatment settings
- Demonstrate to administrators and staff "how it works" and are instruments of attraction to the A.A. program
- Provide information about A.A., as well as literature and guidelines for setting up A.A. meetings in treatment facilities and outpatient settings

Live in the Now

I think spring is a perfect time to take stock of ourselves - the dust of the holidays settling and those long dark winter days easing give us a fresh start and an opportunity to reflect on who we are in the here and now. After a year of sobriety, I am just beginning to understand how much drinking has affected my life. When I was drinking, I felt so detached from the things that used to bring me joy. Now, so many old interests, relationships, and passions are returning to my life in new and exciting ways. I am very grateful for this second chance; however, I need to avoid letting "busyness" become my new addiction. The tools of the program will help me navigate these challenges, if I keep going to meetings, working with my sponsor, and connecting with my fellow AA's.

My daughter is graduating from high school this spring, and it is a watershed moment for me. Letting her go and experience college is a terrifying thought. At the same time, staying sober, working the steps, and taking time for reflection pulls me back to the reality of life. Life goes on, and we must embrace all its changes. I must embrace me in this moment, with all my defects and shortcomings, and allow these transitions to take place, knowing that I have God's providence to guide me and the support of my brothers and sisters in the program to help light the way.

Gina F.

Great AA meetings you could check out this month.

Women in AA – Wed. 5:45 pm – hybrid – closed – Women

Church of the Holy Spirit, [400 E. Westminster Ave. Lake Forest](#)

Reflections in the Park – Sunday 10 am – in person – closed. North Croft Park – [1365 S. Ridge Rd. Lake Forest](#)

*****71st Anniversary Dinner May 18th, 2024, 3 pm Waukegan Alano Club. *****

ATP is looking for person to chair the meeting long term to provide coverage for the meeting. Contact Dick M. at CPC/Treatment.



Registration	8:00 a.m.
Kick-Off	9:00 a.m.
AA Speaker	Name, Town 9:00 a.m.
Al-Anon Speaker	Gary S, Libertyville 9:30 a.m.
Panel	10:30 a.m. hourly until 4:30 p.m.
Alcohol	All Day 10:30 a.m. to 4:00 p.m.
Chill Lunch	Room: \$2.00 per bowl donation
AA /Al-Anon Presentation	4:30 p.m.
Banquet & Ice Cream Social	6:00 p.m.
Main Speaker	Kris M, Waukegan AA After-Banquet



- ATP Recovery Group Thursdays
3002 Grand Ave. Waukegan
7:30-8:30pm
- 2024 Illinois State Conference
August 23-25th Springfield, IL
- ROSC Harm Reduction
Wednesday June 21st 10am Zoom
ID:897 9689 3684 Pass: 519882
- How and Why Step Workshop
Saturday April 27th 8 am.
Zion Lutheran Church
330 Griswold St. Elgin, IL
- Sponsor-Membership Meeting
Saturday May 4th
Waukegan Alano Club 2 pm.
- International Convention 2025
July 3rd-6th. Vancouver, BC.
Get your passports ready.

Ladies Annual Sereni-Tea
 Sunday, April 7th, 2024
 Antioch Township Building
 1625 Deep Lake Road, Lake Villa, 60046
 Tickets: \$10 Per Person
 1:30 pm Social Hour
 2:30 pm Speaker: **Steph M.**
 Hats Encouraged
 Please join us for a delightful Sunday afternoon with friends sharing fun, food, and fellowship. Enjoy a variety of treats, raffle prizes, and special speaker. This is an open speaker meeting. All are welcome.
 For Tickets Contact:
 Jean S. 847-732-4574
 Lori S. 224-426-9447

DISTRICT 12 AND 10
 SPRING BREAKFAST
 SUNDAY, APRIL 21, 2024
 PARKWAY BANQUETS AND SALON
 657 RAILROAD AVENUE
 ROUND LAKE, ILLINOIS
 COFFEE: 8:00
 BREAKFAST 9:00
 COST: \$25.00
 SPEAKER SHAWN M

District 12 Officers (Confidential-this information is for A.A. use only)

Please contact an officer if you are interested in an OPEN position



<u>Position</u>	<u>Chairperson</u>	<u>Email</u>	<u>Alternate</u>
DCM	Bonnie Lori	bonnieloripink@gmail.com	
Secretary			
Treasurer	Laura J		John B.
Answering Service			
Archives	Ken C.	Kenc693@yahoo.com	Bill V.
Bridging the Gap			
Corrections	Jackie		Lester
CPC/Treatment	Dick M.	District12cpc_treatment@yahoo.com	
Directory	Cindy W.	Cwilliams16@outlook.com	
Grapevine	Colleen S.		Robert B.
Literature			
Newsletter	Jay D.	District12newsletter@yahoo.com	Whitney C.
Public Information	Nancy		
Special Events	Terry		Gimel T.
Web Servant	Ted T.	Tedt4district12@gmail.com	

Please support our newsletter's ongoing need for content
Please submit your work the following ways:

1. Email: district12newsletter@yahoo.com
2. Mail: NIA District 12, PO Box 8882, Waukegan, IL 60079
3. In-person drop off: Waukegan Alano (coffee bar safe)
4. Handwritten submissions gratefully accepted.

Links: <https://district10nia.org/> www.aa-nia.org
www.aa.org www.aagrapevine.org

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