

District 12 Newsletter

October 2014

Step Ten

“Continued to take personal inventory and when we were wrong promptly admitted it.”



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It Works if you Work it!

One Day at a Time!

Let Go and Let God!

Get a Sponsor don't go it alone....

An Ounce of Prevention Step Ten

FOR A LONG time in my AA program, I took the one Step that should have put me into the now of things and made another restitution Step out of it. For a long time, I looked at the Tenth Step as a means of telling someone I was sorry as promptly as possible after doing wrong.

Today, I have a different understanding of this particular Step. Sure, I'm supposed to make amends for harm done to others, and make them as promptly as I can muster up the courage and good judgment to do so. However, this is done in the continued practice of the Eighth and Ninth Steps. The Tenth Step is my guide for the prevention, to the best of my ability, of doing the harm in the first place.

I received consciousness early in my AA program. The First Step gave me an AA conscience. After I made the admission in that Step, I could no longer take a drink and not know I was doing wrong. The Second and Third Steps awoke my God-consciousness. After I came to believe and made that decision, I could no longer give in to my character defects and not know I was doing wrong.

In order to put the Tenth Step to work for me, I had to learn as much about myself as I could, and I had to accept the consequences of my past life. I did this from the Fourth Step through the Ninth Step. Up to the Tenth Step, I had been reviewing my life up to the present. The Tenth Step enables me to take all that I have learned thus far and put it to use for myself right now.

To me, the basis of the Tenth Step is self-restraint: to stop and remember what I found to be my weaknesses in the Fourth Step, and then try to refrain from submitting to them. If anger was one of the shortcomings I found in the Fourth Step, then, when I start to become aware of becoming angry, I must promptly admit to myself that anger is wrong for me and try not to let it fester any further. What AA is telling me to do is to think before I act.

Remember what it says in the back of the book *Alcoholics Anonymous*, at the end of "Spiritual Experience": "There is a principle which is a bar against all information, which is proof against all arguments, and which cannot fail to keep a man in everlasting ignorance--that principle is contempt prior to investigation."

J.S.

Bolingbrook, Illinois

AA Grapevine, Vol. 40 No. 5, October 1983

NEW LOCATION

DAY BY DAY CLUB

*1803 St. John's
Highland Park, IL 60035
(Above the Health Spa)
Handicapped ramp to
Elevator in the rear of the
Building to the 2nd Floor*

**MINI CONFERENCE
PLANNING COMMITTEE
MEETING**

*Every 1st Sunday of the Month at
Noon
Starting on September 7th
Through March*

*Kenosha Alano Club
56th Street—East of Sheridan Rd.
Kenosha, WI*

Clean Air Club
555 Roger Williams Ave
Highland Park, IL

11th Step Meditation Meeting



Come see what meditation can do for your serenity and your conscious contact with your Higher Power. Join us Wednesdays at 6 pm at the Clean Air Club for an 11th Step Meeting. Read from the 11th Step in the 12 x 12, meditate for 20 minutes and share with the fellowship.

It's an excellent way to learn and bring meditation into your on-going recovery.

TRADITION TEN LONG FORM (12x12 p. 192)

No A.A. group or member should ever, in such a way as to implicate A.A., express any opinion on outside controversial issues — particularly those of politics, alcohol reform, or sectarian religion. The Alcohol Anonymous groups oppose no one. Concerning such matters they can express no views whatsoever.

A.A.'s Responsibility Statement

“I am responsible. When anyone, anywhere, reaches out for help, I want the hand of A.A. always to be there. And for that: I am responsible.”

EVENTS & ANNOUNCEMENTS

A WAY OUT 14TH ANNIVERSARY PARTY

**OPEN AA
SATURDAY OCTOBER 11**

**LIBERTYVILLE CIVIC CENTER
135 CHURCH STREET**

**DOORS OPEN AT 6:00 PM
DINNER AT 6:15 PM**

FREE



DISTRICT 10 & 12 FALL BREAKFAST

**OPEN A.A. SPEAKER MEETING
50/50 RAFFLE**

WHEN: SUNDAY OCTOBER 19

TIME: 8:00 AM COFFEE

9:00 BREAKFAST

WHERE: RAMADA INN

200 GREEN BAY RD.

WAUKEGAN, IL

PRICE: \$18.00

Looking for a Sponsor/Sponsee?

Join us at the
ATP Sponsorship Panel
1st and 3rd Saturday of each month 12:45pm
Female sponsors needed!

District 12 Meeting

Third Sunday of every month at 4:00PM at Vista Medical Center West, 2615 Washington Street, Waukegan, Illinois 60085. All alcoholics are welcome and group GSRs are strongly encouraged to attend.

VOLUNTEERS WE NEED A COMMITMENT!!!

Lake County Work Release
Tuesday and/or Thursday
Once or twice a month
7:15 pm

Both men and women needed
For more info contact: Pete 224-381-9992
Or LaVonne 224-440-2834

VOLUNTEERS NEEDED 12 STEP WORK

St. Therese Psych Unit Meeting

Sunday 10 am Tues 7 pm

Sponsor Panel - ATP

1st and 3rd Saturdays 12:45 til 2 pm

Drug Court

1:30 pm Fridays Court 201

Mental Health Court

9:00 am Mondays Court 220

Veterans Court

1st and 3rd Friday at 9:00 am Court 201

SAP

SAP Bldg. 1:00 pm Thursdays

Detox

ATP 7:30 pm Wednesday

For Info Contact: Frank M.@ 847-336-2775

The District 12 Open Speaker Breakfast

Victory Hospital
(also known as Vista Medical Center East)

Cost: \$7.00

Start time is 8:30 AM

1st Sunday of every month

GET READY!!!!
25th Annual McHenry's Soberfest

November 21st through 23rd, 2014
Grand Geneva Resort
Lake Geneva, WI

**AA Conference, Banquet, Dance, Alcahons, Panels, Step Workshops, Literature, Archives,
Meditation Room**
Register online: www.soberfest.org

Waukegan Alano Club Bowling Party
1st Friday of Each Month
At 9:00 P.M.
Bertrand's Bowl
2616 Washington Street
Cost: \$6.00
Includes 2 Games and Shoes
Pizza and Soda on the Club

2014 NIA Big Book Conference

October 25th, 2014
Parkview Community Church
764 St. Charles Rd.
Glen Ellyn, IL
Conference Only: \$13.00
With Lunch: \$20.00

A.A. Contacts

General Service Office: <http://www.aa.org>
Northern Illinois Area 20: <http://www.aa-nia.org>
District 12 Website: <http://www.aadistrict12.com>
District 12 Answering Service: 847-623-9660
Northern Illinois Area 20 - District 12: P.O. Box 8882 - Waukegan, Illinois 60079-8882

District 12 Officers (Confidential – this information is for A.A. Use only)

If you are interested in one of the positions listed as OPEN, please contact an officer.

Position	Chair	Phone	Email	Alternate	Phone	Email
DCM	Mike H.	847-848-4855	Mike.henneberry@gmail.com	Paul P.	224-280-0356	paulperini@att.net
Secretary	Bonnie P.	224-440-3620	bonnieloripink@gmail.com	OPEN		
Treasurer	Ron K.	847-623-0953	ronkdist12@att.net	OPEN		
Answering Service	Berto G.	224-280-5235		OPEN		
CPC / Treatment	Francis K.	847-744-0793		Frank M.	847-336-2775	
Corrections Grapevine	Pete O. Jeff F.	847-662-8737	Peter.ochoa73@yahoo.com Jord732@comcast.net	Lavonne G.	224-440-2834	lavonnegreen60@gmail.com
Public Information	Karen F.	847-609-7354	k.finkel@comcast.net	Marlene G.	224-545-1495	grubbsmarlene@gmail.com
Literature	Tom B.	847-363-4363	tomhat@juno.com	OPEN		
Newsletter	Felicia H.	224-717-2424	felicia2657@gmail.com	Nick P.	847-872-6727	nicholas_prins@sbcglobal.net
Directory	Martin C.	773-870-4010	claussenmartin@aol.com	OPEN		
Archive	John M..		Contact through District 12 Website	OPEN		
Special Events	Terry V.	847-650-2251	enchantedattic@hotmail.com	OPEN		
District Breakfast	Jimmy F	847-609-7354		Aaron F.	224-627-8816	4aaronmf@gmail.com
Webmaster	Beth B.	224.522-1676	pollockburke@gmail.com	Brian M.	847-736-0403	brianm959@yahoo.com