

24/7 Hotline:

920-474-6262

**Support your
District:**

Please mail checks to:

NIA District 12

PO Box 8882

Waukegan, IL 60079

Checks payable to:

NIA District 12

**or donate online
using PayPal at**

www.aadistrict12.com

District Meeting:

**Third Wednesday of the
month**

GSR Meeting: 6-6:30pm

**Business Meeting 6:30-
7:30pm.**

New location:

St. James Church

1380 N Waukegan Rd.

Lake Forest, IL 60045

ALL are welcome.

**District chairs and
District 12 GSR's**

encouraged to attend.

Upcoming meeting dates:

Wed. Feb. 21; Wed. March 20

Scan QR for

District 12 Website



2nd Step: Came to believe that a power greater than ourselves could restore us to sanity.

Tradition 2: For our group purpose there is but one ultimate authority-a loving God as He may express Himself in our group conscience. Our leaders are but trusted servants; they do not govern.

Concept 2: The General service Conference of A.A. has become, for nearly every practical purpose, the active voice and the effective conscience of our whole society in its world affairs.

Step two: Came to believe a power greater than ourselves could restore us to sanity.

Step two is the one that gives us hope. The restoration is happening in part because our alcoholism and its accompanying insanity are not controlling our lives anymore, with step two we learn that we are not alone, that something greater than ourselves can help to conquer our alcoholism.

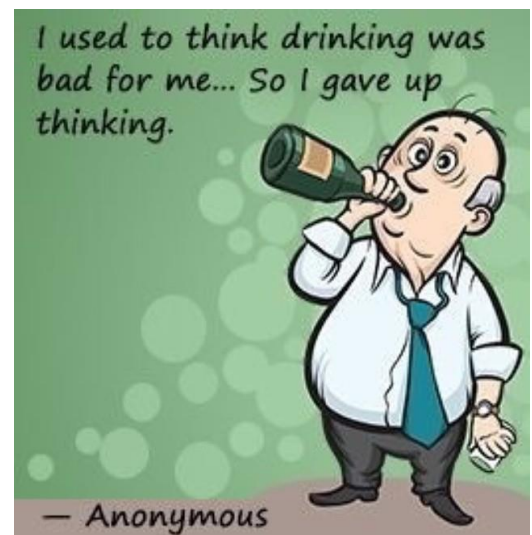
All of the words of the 12 steps are very specifically chosen. The second step doesn't say, "We came to believe in a power greater than ourselves." It says, "we came to believe that a power greater than ourselves could restore us to sanity." That's the beauty-we are invited to begin to think about what our higher power can be.

The emphasis is not on who or what the Power is, but on how the power can help us. The awareness and understanding that we can't recover alone and that we need some kind of help is really the lesson at this point in recovery. The spiritual principles that are the foundation of this step are open mindedness, willingness, faith, trust, and humility. It really doesn't matter whether we have any idea of how this power greater than ourselves is going to help, just that we come to believe it is possible.

Second Step Prayer: Heavenly Father, I know in my heart that only you can restore me to sanity. I humbly ask that you remove all twisted thoughts and addictive behavior from me this day. Heal my spirit and restore in me a clear mind.

Here are some questions to ask yourself about step 2:

- ✓ Do you make insane decisions as a result of your alcoholism?
- ✓ Do you have any fears about coming to believe in something greater than yourself?
- ✓ Do you have a problem accepting that there is a power greater than you?
- ✓ What do you need to do to help let go of the fears?
- ✓ What does “we came to believe” mean to you?
- ✓ What changes in your thinking are necessary for your restoration to sanity?
- ✓ What are some of the things you consider “good examples” of sanity?
- ✓ What evidence do you have that a higher power is working in your life?



Do not forget to change the clocks on March 10th. Daylight Savings time!

Heard at a meeting: “All I need is a chip and a chair!”

Literature Update:

A new “soft touch velvet” cover treatment is now being implemented on softcover Big Books. This cover treatment makes use of the one of the most up-to date and commonly used cover finishes available — eliminating the need for special orders of high-cost materials that often have long lead times and result in backorders. Often used on classic editions of books, the “soft touch velvet” has a high-quality look and greater durability. Copies of these Big Book softcovers with this new cover treatment will be in circulation in the coming months, as current inventories of the previous editions are depleted, reprints are needed, and the new editions come off press. To order from the AAWS webstore, please visit <https://onlineliterature.aa.org>

District 12 Officers (Confidential – this information is for A.A. use only)

Please contact an officer if you are interest in an OPEN position.

Position	Chair	Phone	Email	Alternate	Phone	Email
DCM	Bonnie	224-440-3620				
SECRETARY	Angela			Renita D.		
TREASURER	Laura J.			John B		
ANS. SERV.						
ARCHIVES	Ken C			Bill V.		
BRIDGING THE GAP						
CORRECTIONS	JACKIE			LESTER		
CPC/ TREATMENT	Dick M.			Robert B.		
DIRECTORY	Cindy W.					
GRAPEVINE	Colleen					
LITERATURE						
NEWSLETTER	Jay D.		District12newsletter@Yahoo.com			
P.I.	Nancy					
SP. EVENTS	TERRY			GIMEL T.		
WEB SERVANT	Ted T.		ted4district12@gmail.com			



Please support our newsletter's need for content.

Please submit your work the following ways:

1. Email: district12newsletter@yahoo.com
2. Mail: NIA District 12, PO Box 8882, Waukegan, IL 60079
3. In-person drop off: Waukegan Alano (coffee bar safe)
4. Handwritten submissions gratefully accepted.

Links: <https://district10nia.org/> www.aa-nia.org
www.aa.org www.aagrapevine.org

Mailing Address for Donations:

 **General Service Office Contributions (Updated)**
PO Box 2407 James A Farley Station
New York, New York 10116-2407
 **Northern Illinois Area 20 Ltd:**
PO Box 808 Streamwood, IL 60107-2971

March 1-3, 2024

UNITED
we serve

2024 Spring Conference & Assembly

Hosted by AA with Al-anon and Alateen participation | Districts 20, 21 and 64

Al-Anon | Alateen | Alcathon | Literature | Archives | Banquet | Dance

Hyatt Regency Schaumburg

1800 East Golf Road | Schaumburg, Illinois | 847.605.1234

ONLINE REGISTRATION
niaspringconference.com

RESERVE A ROOM
hyatt.com/en-US/group-booking/CHIRW/G-NISM
\$119.00 PER NIGHT
Group Code: NISM

FRIDAY NIGHT
AA SPEAKER:
Narciso R from
Ciudad Obregón,
Sonora

SATURDAY NIGHT
AA SPEAKER
Karl M from
Covina,
California

SUNDAY MORNING
AA SPEAKER
Racy J from
New York City,
New York

If you have questions or would like to volunteer go to
niaspringconference.com or email niaspringconference@gmail.com

NAME _____	PLEASE SPECIFY <input type="radio"/> AA <input type="radio"/> ALATEEN
ADDRESS _____	<input type="radio"/> AL-ANON <input type="radio"/> GUEST
CITY _____	<input type="radio"/> REGISTRATION \$40
STATE ZIP _____	<input type="radio"/> SATURDAY BOX LUNCH \$20
EMAIL _____	<input type="radio"/> BANQUET \$50
PHONE _____	Please choose one: <input type="radio"/> Chicken
ASL or language interpretation other than English or Spanish Please specify _____	<input type="radio"/> Vegetarian
Special Needs Accessibility Services Please specify _____	TOTAL \$
Dietary Restrictions Please specify _____	Make Checks payable to: NIA Spring Conference District 21 Mail to: 2024 Spring Conference P.O. Box 1003 Palatine, IL 60078-1003

Ladies Annual
Sereni-Tea

Sunday, April 7th, 2024

Antioch Township Building
1625 Deep Lake Road, Lake Villa, 60046

Tickets: \$10 Per Person
1:30 pm Social Hour
2:30 pm Speaker: Steph M.

Please join us for a delightful Sunday afternoon with friends sharing fun, food, and fellowship. Enjoy a variety of treats, raffle prizes, and special speaker. This is an open speaker meeting. All are welcome.

For Tickets Contact:
Jean S. 847-732-4574
Lori S. 224-426-9447

Announcements/New Meetings

- **Dual Recovery Wednesdays 7pm**
Waukegan Alano Club Rm. 2
- **ATP Recovery Group Thursdays**
3002 Grand Ave. Waukegan
7:30-8:30pm
- **2024 Illinois State Conference**
August 23-25th Springfield, IL
- **ROSC Harm Reduction**
Wednesday June 21st 10am Zoom
ID:897 9689 3684 Pass: 519882
- **ACA Thursday 6pm Waukegan Alano**
- **Saturday BB Meet Presents:**
Sunday Morning Breakfast March 24th
8 am Waukegan Alano Club
ISCYPAA March 29-31. O'Fallon, IL

40TH ANNUAL TRI-COUNTY SPRING CONFERENCE
"Just for Today"
SATURDAY APRIL 6, 2024
LAKELAND CHURCH
440 FORTITE HWY CLUB WOOD - DUNELAK, IL

DAY SESSIONS \$1 SUGGESTED AT THE DOOR
NO PRE-REGISTRATION REQUIRED!

Registration	8:00 a.m.
Kick-Off	9:00 a.m.
AA Speaker	Name, Town 9:00 a.m.
Al-Anon Speaker	Gary S. Libertyville 9:30 a.m.
Panels	10:30 a.m. hourly until 4:30 p.m.
Alcathon	All Day 10:30 a.m. to 6:00 p.m.
Chili Lunch	Noon: \$2.00 per bowl donation
AA / Al-Anon Presentations	4:30 p.m.
Banquet & Ice Cream Social	6:00 p.m.
Main Speaker	Kris M. Waukegan AA After-Banquet

BANQUET AND ICE CREAM SOCIAL

Pre-registration and payment required by
Thursday March 21, 2024

\$30
PER PERSON

Checks Payable To: Tri-County Conference
Mail To: Post Lock, 1475 1/2 Archer Ave. Peoria, WI 63405

LOWE REQUEST FOR FUND - PLEASE PRINT:

NAME _____	ADDRESS _____
CITY _____	STATE _____ ZIP _____ PHONE _____

Check One: ☐ AA ☐ AL-ANON ☐ ALATEEN ☐ Other ☐ Guest