

# July 2021



## District 12 Newsletter

**24/7 Hotline:**  
**847-623-9660**

**Support your**  
**District:**

Please mail checks to:

**NIA District 12**

PO Box 8882

Waukegan, IL 60079

*Checks payable to:*

*NIA District 12*

or donate online using

PayPal at

[www.aadistrict12.com](http://www.aadistrict12.com)

**Next District**

**Meeting**

**July 18th**

**4-5pm**

**GSR meeting @**

**3pm**

**At the Waukegan**

**Alano Club**

**ALL are welcome.**

**District chairs and**

**District 12 GSR's**

**encouraged to attend.**

**Contact your DCM,**

**Renita D.**

**for Zoom logins**

**[mommydearest.rd@](mailto:mommydearest.rd@gmail.com)**

**[gmail.com](mailto:mommydearest.rd@gmail.com)**

**Step 7:** "Humbly asked Him to remove our shortcomings."

**Tradition 7:** "Every A.A. group ought to be fully self-supporting, declining outside contributions."

**Concept 7:** "The Conference recognizes that the Charter and the Bylaws of the General Service Board are legal instruments: that the Trustees are thereby fully empowered to manage and conduct all of the world service affairs of Alcoholics Anonymous. It is further understood that the Conference Charter itself is not a legal document: that it relies instead upon the force of tradition and the power of the A.A. purse for its final effectiveness"

## Volunteers Needed!!!

**The answering service needs Spanish speaking volunteers**

Please make the message of recovery accessible to all.

Spread the word so we can establish a group of contacts when a Spanish speaking person calls the answering service.

Male and female volunteers needed.

If you would like to be added to the answering service contact list, please email your information to [districtnewsletter@yahoo.com](mailto:districtnewsletter@yahoo.com)

The newsletter depends upon your submissions.  
We need your contributions to improve the content of our newsletter.

In search of your stories, comics, jokes and events.  
Email your work to: [District12newsletter@yahoo.com](mailto:District12newsletter@yahoo.com)

### A Way Out Meeting location change:

A Way Out is now meeting at Grace Lutheran Church at 501 Valley Park Drive, Libertyville, IL on Fridays at 7:00 pm. Hybrid available via Zoom ID# 784 978 578. Bring a mask and no smoking on the property. Support our District 10 friends.

Does your meeting need support?  
Has your meeting changed locations or format and you'd like to get to the word out?

Email [district12newsletter@yahoo.com](mailto:district12newsletter@yahoo.com) to be included in the newsletter.

Looking for an Online meeting?

Visit the District 12 website at

[www.aadistrict12.com](http://www.aadistrict12.com).

To list your meeting, email webmaster Danny K. through the district website to submit your meeting's link.

Other online meeting directories:

<https://www.ifheweresought.org/meetings>

<https://aa-intergroup.org/oiaa/meetings/>  
(this site offers many languages and ASL)



"What happened, Phil; you used to be such a functioning alcoholic."

### *Seventh Step Prayer*

"My creator, I am now willing that you should have all of me good and bad. I pray that you now remove from me every single defect of character, which stands in the way of usefulness to you and my fellows. Grant me strength as I go out from here to do your bidding."

Alcoholics Anonymous - Page 76

*Amen*

## The Twelve Steps

D E C I S I O N Q I O Q N P E G I G N S G L R N  
L V I R Z R X C V P T E O Z P Y S Y W S G H F A  
F X S V I N E S Z Q A W Q T D C R R K H M G V R  
I L H D Y B T Y P V E Z L F E N E O N O S O S C  
G W T Q V J B U A R Q G R G F E D T H R U N S O  
S Y W C T T Z I L R A W L J E D R N U T O M D T  
A P R E M X B E M A P Y Q O C N O E N C M F N I  
O P O X W C S J L G S S C Y T E S V M O Y Y E C  
D N F N F S T D Z K Z S O R S P I N O M N D M S  
H Z D A S E P C A A C E N M O E D I R I O O A A  
X S B L J O P Y Z V T N F I F D E L A N N Q E N  
Y H H C Y B R D T T A E E J C L S A L G A X K O  
L O S L R S P S Q K X V S C H A U N I S S W A N  
E R T M E A I Y H S I I S S A C E O N T C W M Y  
A T D H W S H J V I G G W K R I C S V X I Z T M  
G C Z B O R S S K W P R S D A M N R E N L A O O  
T O K D P Y W Y J V K O D M C E A E N S O K A U  
F M Z H R C O D U R U F O H T H T P T F H V X S  
R I O W E Z L E W I P D Q U E C S J O Q O G E U  
B N K A H Y L H J Q E I R G R T B U R D C D B K  
U G E R G O E N F E U Z R R Q P U U Y N L W W B  
J S F F I C F M R Q M O E L W X S K D J A R A W  
H C V J H C S F V Z P Y W G A C G Y A M D R Y F  
X O G N I N E K A W A L A U T I R I P S A D X B

freedom	forgiveness	sponsorship	chemical dependency
substance use disorders	fellowship	Alcoholics Anonymous	Narcotics Anonymous
spiritual awakening	prayer	personal inventory	make amends
short comings	shortcomings	defects of character	confess
moral inventory	decision	higher power	powerless

### **Step 7: "Humbly asked Him to remove our shortcomings"**

"I have yet to find a place in the Big Book that says, now you have completed the Steps; have a nice life. This program is a plan for a lifetime of daily living" (Big Book p. 317). After practicing this Humility, being sincere in asking and willing to take action, I honor this request by working

**Step 10: "Continued to take a personal inventory and when we were wronged promptly admitted it."** This is a reminder that I must continue to work my program every day. It allows me to grow in my recovery, always remaining teachable and having opportunities for forgiveness. I no longer have to take chances of ill-fated reconciliation to bed at night. The Spiritual Principle of Step 7 *Humility* linked with Step 10, *Perseverance* helps strengthen my relationship with God. This ensures me the privilege to do the 'next right thing'. Today it preserves and protects my peace and serenity. The daily spot checking can keep those old behaviors under arrest because negative emotions are very dangerous to my Sobriety. Working with my Sponsor, Step 4 brought me face to face with myself and my shortcomings. The inventory in Step 10 helps keep account of situations I have encountered and identify what, where, when and who. In admitting my wrongs, I get the feeling of decency and worthiness. Step 10 embodies the Spirit of all the previous Steps and Principles. In practicing, I begin to trust myself and my judgment. The more I do this the more natural it becomes, Progress not Perfection. Self-control is important. I must not be quick to act harshly or to become depressed. I also should be careful of arrogance or false pride. Today, willingly correcting my actions or addressing a situation properly goes a long way. My tolerance is constantly being enhanced as I see others as loving human beings. The trails of the day teaches me how not to repeat them. It teaches me how to be kind, loving, just, and useful.

While asking in Step 7, I must continue to perform in Step 10. This helps me keep my shortcomings at bay and disallow them to feel comfortable in my daily behavior, even if only for a moment. I no longer have to defend or place blame on mistakes that the program shows me how to correct. This keeps me in sync with the Fellowship, my Spirit and my God. Thanks to this wonderful program called Alcoholics Anonymous I am always able to review the Miracle that God has performed in my life.

Gimel T.

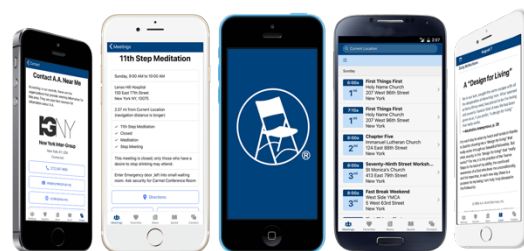
### *When We Retire At Night Prayer*

GOD, HELP ME TO CONSTRUCTIVELY REVIEW MY DAY. WHERE WAS I RESENTFUL, SELFISH, DISHONEST OR AFRAID? DO I OWE AN APOLOGY? HAVE I KEPT SOMETHING TO MYSELF WHICH SHOULD BE DISCUSSED WITH ANOTHER PERSON AT ONCE? WAS I KIND AND LOVING TOWARD ALL? WHAT COULD I HAVE DONE BETTER? WAS I THINKING OF MYSELF MOST OF THE TIME? OR WAS I THINKING OF WHAT I COULD DO FOR OTHERS. OF WHAT I COULD PACK INTO THE STREAM OF LIFE? PLEASE FORGIVE ME FOR MY HARMS AND WRONGS TODAY AND LET ME KNOW CORRECTIVE MEASURES I SHOULD BE TAKE.

ROBERTOSTAY.COM



"I'M TERRIBLY SORRY, BUT YOU MISREAD OUR AD... WE'RE LOOKING FOR A WORKAHOLIC."

**Mailing Addresses for Donations:****NIA District 12:****PO Box 8882,  
Waukegan, IL 60079-8882****General Service Office: PO Box 459 Grand  
Central Station, New York, NY 10163****Northern Illinois Area 20 Ltd:****PO Box 524,  
Crystal Lake, IL 60039-0524****Helpful Links:**[www.aadistrict12.com](http://www.aadistrict12.com)[www.aa-nia.org](http://www.aa-nia.org)[www.aa.org](http://www.aa.org)[www.aagrapevine.org](http://www.aagrapevine.org)**District 12 Hotline: 847-623-9660****Meeting Guide** is a free of charge meeting finder app:[https://www.aa.org/pages/en\\_US/meeting-guide](https://www.aa.org/pages/en_US/meeting-guide)**District 12 Officers (Confidential – this information is for A.A. use only)**

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**Interested in an open position?****Please attend the monthly District meeting for more information.**

The opinions expressed in this newsletter are of the author and do not reflect directly upon Alcoholics Anonymous, District 12 or the officers.