

# District 12 Newsletter

May 2018

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## *Tradition Five*

*Each group has but one primary purpose—to carry its message to the alcoholic who still suffers.*

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**Step Five**  
Admitted to  
God, to  
ourselves, and  
to another  
human being  
the exact  
nature of our  
wrongs.

Tradition Five: Each group has but one primary purpose—to carry its message to the alcoholic who still suffers.

1. Do I ever cop out by saying, “I’m not a group, so this or that Tradition doesn’t apply to me”?

2. Am I willing to explain firmly to a newcomer the limitations of AA help, even if he gets mad at me for not giving him a loan?

3. Have I today imposed on any AA member for a special favor or consideration simply because I am a fellow alcoholic?

4. Am I willing to twelfth-step the next newcomer without regard to who or what is in it for me?

5. Do I help my group in every way I can to fulfill our primary purpose?

6. Do I remember that AA old-timers, too, can be alcoholics who still suffer? Do I try both to help them and to learn from them?

It Works if you Work it!

One Day at a Time!

Let Go and Let God!

Get a Sponsor, don’t go it alone...

## Step Five

The Big Book says “if we skip this vital step, we may not overcome drinking.” This requires action on my part. When I was ready to take this step, I wasn't sure I could tell another person all the things I had been keeping to myself. I had pushed some things deep down where I hoped I would never have to deal with them. I wasn't sure how sharing these things would help, but the Big Book and people in the program, that I trusted, told me it would help me overcome my problems. So I chose someone I trusted and thought I could discuss these things with, and much to my surprise it was easier than I thought. After a while he shared some of his experiences with me, which put me at ease. We talked for quite awhile. He reminded me that there were things that I probably missed and I should be willing to add to or redo this step from time to time. This was some of the best advice I ever received. Over the years I have continued to take action to look at my defects and talk about them. This has taken place in many different settings, many times on our way to or from some AA function. It is still hard to admit I have defects because my disease tells me I'm better and doing everything right. But if I'm honest with God, myself and another person I can see my defects and work on them. I'm not very good at it but I keep on trying. Every time I do this humbling step, I feel so much better.

Thank God and the steps of AA

Ken C

## CALENDAR IN A NUT SHELL

Date	Event
Sunday, May 6 <sup>th</sup> 12pm- 5 pm	Happy joyous and free speakathon Alano club 2419 Washington Waukegan, IL 60085
Sat, May 12, 5pm – 11pm	29 <sup>th</sup> Annual Soberfest fundraiser and dance McHenry Township Main office, 5451, 3703 N Richmond Rd, Johnsburg, IL 60051, United States Tickets \$5, Doors open at 5 speaker at 7 dance to follow Wrestling, food plenty of big fun!!
May 20th	Waukegan Alano Club Anniversary
May 28 <sup>th</sup> 12-4pm	Memorial Day Cookout Racine Alano Club, fro food and fellowship All you can eat: \$5 per adult, children under 6: free

### District 12 - Business/GSR Meeting

**WHERE:** Vista West Medical Center  
2615 Washington St  
Waukegan, IL 60085

**WHEN:** 3rd Sunday of the Month

**TIME:** 3:00 pm GSR Orientation  
3:30pm Traditions Meeting  
4:00 pm Business/GSR Meeting

**Want to be Published?** - Send your Traditions articles to:

**[Dist12.Newsletter@gmail.com](mailto:Dist12.Newsletter@gmail.com)**

Deadline for the June issue is May 14th

**VOLUNTEERS WE NEED A COMMITMENT!!!**

Lake County Work Release  
 Tuesday and/or Thursday  
 Once or twice a month 7:15 pm  
 Both men and women needed  
 For more info contact: Les 847-336-3275

**Tuesday night recovery group has moved to a new location.**

**Waukegan Alano Club**

**7pm every Tuesday**

**There are no longer any meetings at St theres hospital as of now!**

**VOLUNTEERS NEEDED**

**12 STEP WORK**

**Sponsor Panel:** ATP 1 st & 3rd Saturday 12:45-2pm

**Back to Basics:** ATP 2nd & 4th Saturday 12:45-2pm

**Drug Court:** 1:30pm Wednesday Court 204

**Mental Health Court:** 9:00am Monday Court 220

**Veterans Court:** 9:00am Friday Court 201

**Detox:** ATP 7:30pm Wednesday, 2:00pm & 7:00pm Sunday

**For Info Contact: Frank M.@ 224-730-3045**

**Mailing Addresses for Donations**

General Service Office: PO Box 459 Grand Central Station,  
 New York, NY 10163  
 Northern Illinois Area 20 Ltd PO Box 524, Crystal Lake, IL  
 60039-0524  
 District 12 PO Box 8882, Waukegan, IL 60079-8882

**A.A. Contacts**

General Service Office: <http://www.aa.org>  
 Northern Illinois Area 20: <http://www.aa-nia.org>  
 District 12 Website: <http://www.aadistrict12.com>  
 District 12 Answering Service: 847-623-9660  
 Northern IL Area 20 - District 12: P.O. Box 8882, Waukegan, IL 60079-8882  
 Newsletter Submissions: [Dist12.Newsletter@gmail.com](mailto:Dist12.Newsletter@gmail.com)

**District 12 Officers (Confidential – this information is for A.A. use only)**

Please contact an officer if you are interest in an OPEN position.

Position	Chair	Phone	Email	Alternate	Phone	Email
DCM	Pete O.	224-381-9992	<a href="mailto:Peter.choa73@yahoo.com">Peter.choa73@yahoo.com</a>	Mike H.	847-848-4855	<a href="mailto:Mike.henneberry@gmail.com">Mike.henneberry@gmail.com</a>
Secretary	Tracie J.	847-847-9201	<a href="mailto:Tracie.jahnke@yahoo.com">Tracie.jahnke@yahoo.com</a>	Renita D.	224-650-1359	<a href="mailto:Mommydearest.rd@gmail.com">Mommydearest.rd@gmail.com</a>
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