

October 2022



District 12 Newsletter

**24/7 Hotline:
847-623-9660**

**Support your
District:**

Please mail checks to:

NIA District 12

PO Box 8882

Waukegan, IL 60079

Checks payable to:

NIA District 12

or donate online

using PayPal at

www.aadistrict12.com

Next District

Meeting

October 16th at

4-5pm

at the Waukegan

Alano Club with a

3 pm GSR meeting

ALL are welcome.

District chairs and

District 12 GSR's

encouraged to

attend.

Contact your DCM,

Renita D.

for Zoom logins

mommydearest.rd@

gmail.com

Step 10: "Sought through prayer and meditation to improve our conscience contact with God as we understood Him, praying only for knowledge of His will for us and the power to carry that out."

Tradition 10: "Alcoholics Anonymous has no opinion on outside issues; hence the A.A. name ought never be drawn into public controversy."

Concept 10: "Every service responsibility should be matched by an equal service authority, with the scope of such authority well defined." (Short Form)

WELCOME!

DISTRICT 12 ELECTIONS

- SUNDAY 11/20/22 •
- 4:00 PM •
- WAUKEGAN ALANO •

2419 WASHINGTON STREET
WAUKEGAN IL, 60085

ELECTIONS ARE BEING HELD FOR THE
2023-2024 OFFICER POSITIONS

- DCM
- ALTERNATE DCM
- SECRETARY
- ALTERNATE SECRETARY
- TREASURER
- ALTERNATE TREASURER

Please support our ongoing need for content
You may submit your work the following ways:

Email: district12newsletter@yahoo.com

Mail: NIA District 12, PO Box 8882, Waukegan, IL 60079

In-person drop off: Waukegan Alano (coffee bar safe)

Handwritten submissions gratefully accepted.

Upcoming Events**

McHenry Soberfest

November 18th-20th

Grand Geneva- Lk Geneva, WI

Registration and Resort Reservations are open

<http://www.soberfest.org/>



Open Speaker Meeting

Waukegan Alano Club

Every Saturday at 8:00 pm.

In person and Zoom

Zoom ID: 865 2712 0396

Password: 465866



Online meeting directory:

<https://aa-intergroup.org/meetings>

** Events may be hosted by private entities

November is gratitude month!

What practice will you introduce to strengthen your gratitude practice. Please considering sharing your stories of gratitude and hope to be printed in our newsletter. Email submissions to district12newsletter@yahoo.com



NOVEMBER 11 -13, 2022 HOSTED BY CORRECTIONS COMMITTEES IN ILLINOIS AREAS 19, 20 AND 21

Conference



nationalcorrectionsconference.org



HYATT
REGENCY
SCHAUMBURG



Hotel

Held at the Hyatt Regency Schaumburg, 1800 E Golf Rd, Schaumburg IL 60173.

\$110 dollars per night. Conference rate valid until Oct. 20, 2022 Phone: 877.803.7534 Mention 2022

National Corrections Conference for rate.

12.3 miles to Chicago O'Hare International Airport

33.5 miles to Chicago Midway International Airport

RETURN THIS PORTION TO:

2022 National Corrections Conference • PO Box 524 • Crystal Lake, IL 60039 NAME:

For more information call Dawn B, 630 484 4048 Ed H 618 371 7281 or George M 708 374 5396

Name: _____

ADDRESS: _____

PHONE: _____

EMAIL: _____

BADGE NAME: _____

AREA: _____

SERVICE POSITION: _____

SPECIAL NEEDS: _____

REGISTRATION \$35 COFFEE \$5 ICE CREAM SOCIAL \$12

SATURDAY LUNCH \$12 BANQUET \$44

SCHOLARSHIP \$ _____

DONATION \$ _____

TOTAL AMOUNT ENCLOSED \$ _____

Tradition Ten Checklist:

Alcoholics Anonymous has no opinion on outside issues; hence the AA name ought never be drawn into public controversy.

1. Do I ever give the impression that there really is an "AA opinion" on doctors? Psychiatrists? Churches? Hospitals? Jails? Alcohol? Prescribed medications? Other drugs? Other 12-Step programs?
2. Can I honestly share my own personal experience concerning any of those without giving the impression that I'm stating the "AA opinion"?
3. What in AA history gave rise to our Tenth Tradition?
4. What would AA be without this Tradition? Where would I be?
5. Do I breach this or any of its supporting Traditions in subtle, perhaps unconscious, ways?
6. How can I manifest the spirit of this Tradition in my personal life outside AA? Inside AA?
7. Should the meeting secretary intervene to remind AA members about this Tradition if a member starts criticizing one political party compared to others or favoring a religion over others?

Grapevine update

- The Grapevine will offer free shipping again this year from 11/1-12/31- just in time for holiday shopping.
- The book "Emotional Sobriety" is now available in Spanish.
- Grapevine's free podcast is still going strong- check it out at www.aagrapevine.org/podcast.
- There will be a price increase on Grapevine Books and ancillary items (like calendars, eBooks, etc.) effective 01/01/2023. Price increase will be \$2.49 for bestsellers and about a dollar on ancillary items.
- Free resources for Grapevine reps are available online at <https://www.aagrapevine.org/gvr-resources>

My Forever Family

I have been in and out of this program for quite some time and I am grateful today for everything that life has taught me along the way. When old timers used to tell me “Just give it time, the promises do come true”, I never believed them. Yet here I am and every single one of the promises have come true.

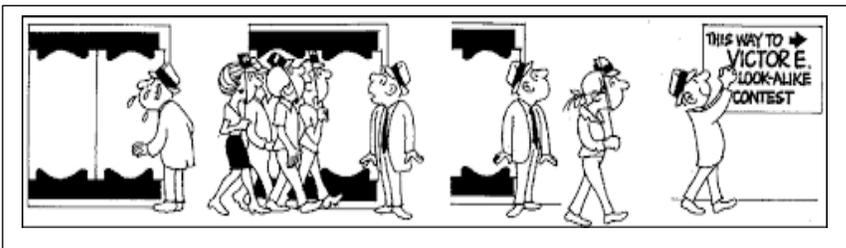
My Forever family are the people who have surrounded me throughout this journey. Taking me out of my comfort zone, until I got comfortable. These amazing women have helped me figure out who I am, they have cheered me on from the sidelines and not once have they given up on me. I can say today that I have a handful of women in the program who I trust, anything they tell me to do, I do it. They have never steered me wrong.

As a child, it was all about appearances and making sure no one knew what happened inside the house (the entire town knew). My mother is an alcoholic 19 years sober this month; she has shown me that this is possible. Our entire childhood she struggled with alcohol, and I never wanted to be like her, these days I can't wait to be just like her. She's a saint for putting up with me and I am proud to say that she can go to sleep and not worry about me.

Not only am I working in this field at an inpatient treat center, but I have the pleasure of helping a girl with special needs as well, something I could always relate to growing up on the north shore of Chicago and being in special education my entire life. I wake up every day and I have a routine, that I stick to.

I've had the same sponsor for a few years now and I don't have to hide anything from anyone. If there's one thing that was hard for me to learn it was that getting honest is a HUGE part of my sobriety, I don't have to carry around secrets anymore or keep up with lies. I have figured out who I am, and I am falling in love with life, loving myself again and forever grateful for the women who have helped me to just be myself, I don't have to be a chameleon anymore. If you like me that's great and if you don't that's okay too. I'm just one addict trudging the road to happy destiny, hoping to help someone like these wonder women have helped me. Don't get me wrong there are some men who are seasoned in the program who have also helped drastically throughout the course of 12 years and have watched me get and stay sober. Mental health is an aspect in my recovery that many people may not understand, I've been dealing with it my entire life and I know today that if I am not okay mentally, I just cannot stay sober. Today I make plans, I show up, I tell my story and I am not afraid to just be myself. “I am not what I have done, I am what I've overcome”.

Lindsay T.



Who is Victor E.?

Victor E. (Victory as in victory over alcohol) has been a Grapevine figure often found sweating it out in front of a bar room door only to be interrupted by his higher power and usual circumstance that divert him to stay sober another 24 hours.

Questions for your spot-check 10th Step

1. Was I resentful?
2. Was I dishonest
3. Did I promptly admit when I was wrong today?
4. Do I owe an apology?
5. Did I do or say something out of fear?
6. Was I kind and loving towards all?
7. Have I kept something to myself which should be discussed with another person at once?
8. Did I reach out to someone in recovery today to see how they were doing?
9. Did I take time to connect with my higher power through prayer and meditation today?
10. Do that people that I love in my life know that I love them today?

Mailing Addresses for Donations:

NIA District 12
 PO Box 8882,
 Waukegan, IL 60079-8882

Or donate using PayPal at
www.aadistrict12.com

General Service Office Contributions (Updated)
 PO Box 2407 James A Farley Station
 New York, New York 10116-2407

Northern Illinois Area 20 Ltd:
 PO Box 524,
 Crystal Lake, IL 60039-0524

Helpful Links:

www.aadistrict12.com

<https://district10nia.org/>

www.aa-nia.org

www.aa.org

https://www.aa.org/pages/en_US/meeting-guide

www.aagrapevine.org

Online Meetings:

<https://aa-intergroup.org/meetings>

District 12 Officers (Confidential – this information is for A.A. use only)

Position	Chair	Phone	Email	Alternate	Phone	Email
DCM	Renita D.	██████████	Mommydearest.rd@gmail.com	Francelia K.	██████████	██████████
Secretary	Darlene F.	██████████	██████████	Billy S.	██████████	██████████
Treasurer	Jackie S	██████████	██████████	Laura J.	██████████	██████████
Answering Service	Betty		██████████	OPEN		
Archive	Roy K.	██████████	██████████			
Bridging the Gap	Julius			Karen F	██████████	██████████
Corrections						
CPC / Treatment	Dick M.	██████████	██████████	Robert B	██████████	██████████
Directory	Danielle W.	██████████	██████████	Lindsay T.	██████████	██████████
Grapevine	Barbara		██████████	Cindy W.	██████████	██████████
Literature	Ken C.	██████████	██████████	OPEN		
Newsletter	Colleen M	██████████	district12newsletter@yahoo.com	OPEN		
Public Information	Nancy	██████████	██████████	OPEN		
Special Events	Gimel T.	██████████	██████████	OPEN		
Webmaster	Danny K	██████████	██████████	Ted T		

Interested in an open position?

Please attend the monthly District meeting for more information.

The opinions expressed in this newsletter are of the author and do not reflect directly upon Alcoholics Anonymous, District 12 or the officers.