

District 12 Newsletter

October 2019

Step 10: Continued to take personal inventory, and when we were wrong, promptly admitted it.



Stick and stay, make the miracle a reality.

This is a program of ACTION, it takes work to succeed in this wonderful program.

It Works if you Work it!

One Day at a Time!

Let Go and Let God!

Get a Sponsor, don't go it alone...

The First 90 Days of Sobriety

I attempted sobriety on my own, and I could not hold together 2 months. With that said my true sobriety began when I was nudged into AA by the courts system. It was my 3rd DUI and 3rd time pushed into AA, and this time I was ready to listen.

In the beginning with my curfew, community service hours, and CREW group therapy I really didn't have any free time. This was very crucial to my sobriety. Once my weekends of community service was over, I rode my bike to the Alano Club and waited for a meeting because I only went to the bar in my spare time before. That all changed once I started hanging with the right crowd!

On top of my AA meeting sign in sheet is **EVERY DAY UNTIL FURTHER NOTICE**. That was just a miserable feeling. I did not want to do this, but I certainly didn't want to go to jail. I brought in this sheet to the Alano Club of Waukegan and met Martin who made me laugh then took me to my first 1st step meeting. I sat next to him and tagged along with him to meetings for the first several months. I went to the same meetings every day for a long time. I created a binder and it holds my sign-in sheets, and all the flyers of the conferences and various functions I went to for the first couple years.

With my sobriety date in late December, and having a surgery early January I was home bound for a month so I actually had the big kids (long timers) bring an AA meeting to me at my apartment. Outside of that surgery my typical week looked like this:

Monday 6:00-7:15 PM > Women's Meeting at the Alano Club of Waukegan
Monday 7:30-8:30 PM > 12 Steps Meeting at First Baptist Church
Tuesday 7-8:30 Bunch of Nuts Meeting at St. Marks Church
Wednesday 6 PM > Concepts Meeting at the Alano Club
Wednesday 8 PM > Bridgehouse AA Meeting
Wednesday 9 PM > Go-Jos for coffee with the group for fellowship
Thursday 7:30 PM > Home Group at First Baptist Church
Friday 5 PM > Dinner and fellowship with my group
Friday 8 PM > Bridgehouse AA Meeting
Saturday 12:45 PM > Sponsor Panel at ATP (Every other week)
Sunday 6 PM > Big Book Study
Sunday 8 PM > Grapevine Meeting

In my binder is a sheet marked **2013 HIGHLIGHTS** this is all the functions other on top of the daily meetings I attended:

1/26 Northern Illinois Area 20 Winter Committee Meeting
2/13 District 12 Breakfast at Victory Hospital (monthly)
3/16 Tri-County Conference in Kenosha WI
3/23 Chicago Speak-a-thon (Tom/Martin/Frank spoke)
4/12 Drug Court – as an AA volunteer
4/13 Pre-General Service Conference Workshop Galesburg IL
4/14 D10 & D12 Spring Breakfast
4/20 Bunch of Nuts Anniversary Dinner (part of this group and helped put on an event)

It was so important for me to keep busy and *being part of while staying in the middle of AA*. I was attending every district meeting and held a position by my 6th month of sobriety. If there is any advice I would give it is to get involved and take a job making yourself accountable. Without this it is very easy to not go. If you don't feel like going, and you don't have to go *you probably should go!* When I had those feelings I heard something I really needed to learn, and this still holds true today.

There is plenty of work to be done, (chair a meeting, make the coffee, be a greeter, GSR, etc.) and doing this work keeps you sober. We need you! Learn how to laugh, and enjoy life in a healthy way. AA is amazing and I am so glad I became part of this fantastic Fellowship. Everyone says keep coming back and I'll just say stay...don't go before the miracle happens!

Bonnie P.

CALENDAR IN A NUT SHELL

Date	Event
Sun, October 6, 8:00am – 11:30am	Fall breakfast Illinois state beach resort An open event, but must have a ticket to attend.
Sat, October 12, 8am – 4pm	Fall Committee Meeting Lord of Life Lutheran Church @ 40W605 IL Route 38 LaFox IL 60119
Sat, October 19, 12pm – 5pm	Speak a thon Waukegan alano club Living usefully and walking humbly under the grace of god.
Sun, October 27, 12pm – 4pm	Zb alano club 65th anniversary dinner Alano Club, 228 Sheridan Rd, Winthrop Harbor, IL 60096 1pm speaker, 2pm dinner, Fellowship afterwards 50/50 raffle

District 12- Business/GSR Meeting

**WHERE: Alano Club of Waukegan
2419 Washington St. Waukegan, IL 60085**

WHEN: 3rd Sunday of the Month

TIME: 4:00 pm

Want to be Published? - Send your articles to:

Dist12.Newsletter@gmail.com

Deadline for the August issue is October 15th

VOLUNTEERS WE NEED A COMMITMENT!!!

Lake County Work Release
 Tuesday and/or Thursday
 Once or twice a month 7:15 pm
 Both men and women needed
 For more info contact: Les 847-336-3275

Interested in service work:
 Lakes Behavioral Hospital
 Monday-Friday 9-5
 Contact Info: Dick M 847-404-3713

VOLUNTEERS NEEDED

12 STEP WORK

Sponsor Panel: ATP 1 st & 3rd Saturday 12:45-2pm
Back to Basics: ATP 2nd & 4th Saturday 12:45-2pm
Drug Court: 1:30pm Wednesday Court 611
Mental Health Court: 9:00am Monday Court 220
Veterans Court: 9:00am Friday Court 611
Detox: ATP 7:00 pm Wednesday, 2:00pm & 7:00pm Sunday
For Info Contact: Frank M.@ 224-730-3045

Mailing Addresses for Donations

General Service Office: PO Box 459 Grand Central Station,
 New York, NY 10163
 Northern Illinois Area 20 Ltd PO Box 524, Crystal Lake, IL
 60039-0524
 District 12 PO Box 8882, Waukegan, IL 60079-8882

A.A. Contacts

General Service Office: <http://www.aa.org>
 Northern Illinois Area 20: <http://www.aa-nia.org>
 District 12 Website: <http://www.aadistrict12.com>
 District 12 Answering Service: 847-623-9660
 Northern IL Area 20 - District 12: P.O. Box 8882, Waukegan, IL 60079-8882
 Newsletter Submissions: Dist12.Newsletter@gmail.com

District 12 Officers (Confidential – this information is for A.A. use only)

Please contact an officer if you are interest in an OPEN position.

Position	Chair	Phone	Email	Alternate	Phone	Email
DCM	Karen F.	847-609-7354	k.finkel@comcast.net	Matthew K.	224-532-6639	
Secretary	.Renita D.	224-650-1359	Mommydearest.rd@gmail.com	Tracy J.	847-847-9201	Tracie.jahnke@yahoo.com
Treasurer	Ken C. (Sweet Kenny)	847-693-0970	kenc693@yahoo.com	Jackie S	224-247-8963	kenc693@yahoo.com
Answering Service	Tom R.	847-804-1361	reitmeyerremodeling@gmail.com	Philip Z.	847-962-5012	pmzinc@gmail.com
Archive	John M.		Aadistrict12.com	Open		
Bridging the Gap	Julius M.	847-872-3489	juliusmarcelmartin@gmail.com	Tommy C. (Patchouli)	1-224-287-3416	gratefulmcgeeplz@gmail.com
Corrections	Les M.	224-237-4269				
CPC / Treatment	Dick M.	847-404-3713	dick71308@ameritech.net	Byron W.	847-744-3212	byronsean15@gmail.com
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